


TRENDING

## Napa With the Family (Great Wine, Minimal Whine)

California's Napa Valley is trying hard these days to attract families, aiming to entertain visitors of all ages with hiking, biking, camps and more. Even some vineyards are getting into the game.

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So busy: At Calistoga Ranch, children can gather eggs from the chicken coop. Calistoga Ranch, Auberge Resorts Collection



By Amy Tara Koch

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Historically, vineyard visits rank high on the eye-roll list for children. But California's Napa Valley is trying hard these days to attract families, aiming to entertain visitors of all ages with hiking, biking, camps and non-snooty farm-to-table experiences. Even some vineyards are getting into the game, offering lawn games and grape juice tastings.

## Farm-to-Table Treats

It's important to teach children the origins of food. And, Napa, with its celebration of local purveyors (highlighted on practically every menu) is the perfect setting to do so.

Breakfast all day excites every child. [Gillwoods Cafe](#) in St. Helena serves up classics like whipped cream-topped French toast, strawberry pancakes and hearty omelets.

[Gott's Roadside](#), also in St. Helena, is filled with families for a reason, as its burgers, tacos, sandwiches and milk shakes make for an ideal lunch or dinner. In downtown Napa, the artisan food hall [Oxbow Public Market](#) is a crowd pleaser for pizza, barbecue, charcuterie and baked goods.