



The Eats Athletic Club: Napa Without the Knuckleheads

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Planning a man's trip? Forget The Hangover and focus on what really matters—the food. GQ and Immaculate Infatuation tackle the brocation.

Welcome to the Eats Athletic Club. Contrary to what the name might imply, this is not where you come to work on those oversized deltoids (you should stop—you look ridiculous). This is a place where men discuss the pursuit of eating well, together.

Our first topic: The Napa Valley. If you've been, chances are you went with a lady. For your next visit, consider heading out with some companions who won't have you hustling back to the hotel room the whole time.



GOTT'S ROADSIDE

933 Main Street, St. Helena,
707-963-3486; gottsroadside.com



Your move for a cheap and satisfying lunch. Gott's Roadside in St. Helena has upscale fast food...which means that if it comes on a bun, it's probably on the menu. Grab a table in the backyard park and enjoy some time away from the wine lingo you've been deciphering all day. The only nose notes you should smell here is that of a crisp California draft beer, of which they have a mighty selection. We highly recommend the double cheeseburger with pickles and special sauce on a toasted bun, which tastes a little bit like an In-N-Out burger. Also, make sure to get a side of chili spiced sweet potato fries.